



MAT MONTHLY

*A Newsletter for Primary Care Providers participating in the Rural Oklahoma MAT Expansion Project
September 2018 Issue*

Welcome! Each month we will share the latest updates, accomplishments, and next steps for the OklahomaMAT project.

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Opioid use disorder: Treat the Family, Not Just the Patient

A [new article](#) posted in the American Medical Association Wire, shares important steps on how to involve patients' loved ones in a treatment plan, calling it vital to recovery.

Family opioid treatment means involving loved ones from the start by:

- Sharing with the family that the behavior is being driven by the disease and not the person
- Educating the family about the effectiveness of medication treatment
- Helping loved ones understand their role in supporting vs. enabling the patient
- Providing loved ones with access to naloxone and showing them how to administer it



[Upcoming Buprenorphine Waiver Training](#)
Free

1) The ASAM Treatment of Opioid Use Disorder Course is hosting a buprenorphine waiver training with 4 hours live and 4 hours online course work.

When: 12:00 pm - 4:30 pm (EDT) on Wednesday, October 10th, 2018

Where: Via *live Webinar*

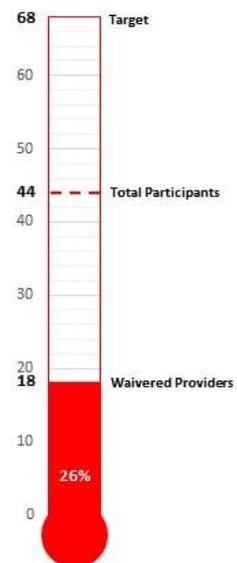
Registration: Email OklahomaMAT@air.org with contact information, AIR will forward to ASAM.

For more information, please visit <https://www.asam.org/education/live-online-cme/the-asam-state-of-the-art-2018/pre-course-offerings>

Tracking Our Progress

One goal of the Rural OklahomaMAT Project is to have 68 qualified primary care providers across 42 eligible rural counties to obtain the necessary waiver required to prescribe buprenorphine to treat patients with opioid use disorder by 2019.

One year after the first set of trainings, eighteen of the 44 providers currently participating in the program have completed all waiver-qualifying trainings and obtained their buprenorphine waiver across 15 counties.



Mentorship Program Available

Free

The Rural OklahomaMAT Project strives to build MAT capacity among rural primary care providers. As part of this effort, physician mentors are available to help answer your questions. Physician mentors include:

- **Dr. William Yarborough** is Board Certified in Internal Medicine, and certified by the American Board of Addiction Medicine, and a certified Diplomate of the American

Academy of Pain Management. He provides medication assisted treatment in his practice in Oklahoma. He served as Executive Vice-Chair of the Department of Medicine at the OU in Tulsa. Dr. Yarborough was also a Medical Director of an Alcohol and Drug Treatment Center for twenty years.

- **Dr. Layne Subera** has treated patients with OUD in rural Oklahoma for more than 10 years. He has extensive healthcare leadership experience and is serving as a commissioner for the Oklahoma Commission on Opioid Abuse, which released a set of recommendations for the state in January 2018.
- **Dr. Paul Seale** provides MAT for patients with OUD within the context of a Family Medicine office practice. He has served on the national advisory boards of the Providers Clinical Support System projects for both opioids and medication-assisted treatment.

Email OklahomaMAT@air.org to schedule a call with a physician mentor.

Project ECHO Series

Free

The 16-week Fundamentals of Addiction Medicine ECHO (FAME) live video conference series concluded in August 2018.

This opportunity will become available again, at no cost, as a participant in the OklahomaMAT Project. The FAME series will enhance your ability to recognize, diagnose and treat patients with substance use disorders by connecting live with experts and peers in the addiction medicine community. FAME participants can submit de-identified patient cases for discussion with the expert panel and fellow participants. You will receive an email when the sessions are scheduled.

This is a great program for any physician wanting to learn about addiction, techniques, resources, knowledge not widely available in the normal medical community.

Project ECHO Participating Provider

ASAM Fundamentals of Addiction Medicine 40-Hour CME Program is Available!

Free

As an OklahomaMAT provider, you can access the ASAM Fundamentals of Addiction Medicine 40-Hour CME Program at no cost. Participants will learn how to recognize, screen, treat and refer patients with substance use disorders. OklahomaMAT providers can take advantage of the full 40-hour program or sections of interest. You should have received an email to confirm your registration. If you have not received this information, please email: OklahomaMAT@air.org

Events/Conferences

[2018 Annual Oklahoma Public Health Association Conference](#)

Oklahoma Public Health Association

Date: Sep 25, 2018

Location: Embassy Suites Medical District, Oklahoma City, OK

[2018 Annual Oklahoma Primary Care Association Conference](#)

Oklahoma Primary Care Association

Date: Oct 11 - 12, 2018

Location: Hilton Garden Inn & Edmond Conference Center, Edmond, OK

[2018 99th Annual Oklahoma Hospital Association Convention & Trade Show](#)

Oklahoma Hospital Association
Date: Dec 5 - 7, 2018
Location: Cox Convention Center, Oklahoma City, OK

Resources of Interest

[Chart of Evidence-Based Screening Tools and Assessments for Adults and Adolescents](#)

The National Institute on Drug Abuse (NIDA) Clinical Trials Network has updated (June 2018) scientifically validated, online screening tools designed to assess a patient's risk for substance misuse and substance use disorder and assist the health care provider with prevention and treatment strategies.

[SAMHSA's State Targeted Response Technical Assistance \(STR-TA\) Program](#)

STR-TA Consortium is a new resource for supporting providers and communities tackling the opioid crisis. This free program provides evidence-based assistance in the realm of treatment, recovery and prevention.

[New York Times: Bleak New Estimates in Drug Epidemic: A Record 72,000 Overdose Deaths in 2017](#)

Fentanyl is a big culprit, but there are also encouraging signs from states that have prioritized public health campaigns and addiction treatment.

If you have a colleague who is interested in participating in the OklahomaMAT program, please direct them to [our brief eligibility form](#).

If you have any questions or would like to share something in our monthly newsletter, please contact the AIR team at OklahomaMAT@air.org or by phone at 866-236-4285.

The Oklahoma Rural MAT Expansion Project is funded by the Agency for Healthcare Research and Quality and is a joint partnership between:

Oklahoma Department of Mental Health
and Substance Abuse Services



ASAM American Society of
Addiction Medicine